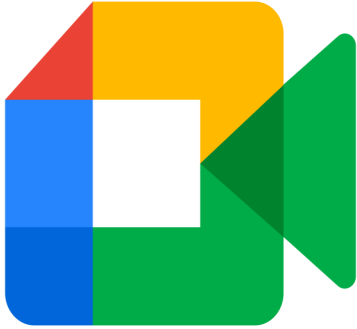




Ysgol Dewi Sant

Cylchlythyr 05.02.2021



Roedd athrawon CA2 yn falch iawn o gael cyfarfod dysgwyr eu dosbarthiadau dros y plattform cyfathrebu 'Google Meet' unwaith eto wythnos yma. Cofiwch mae ymgysylltu fel hyn unwaith yr wythnos yn ffordd ddiogel i'r plant cadw mewn cysylltiad gyda'u hathro dosbarth a'u cyfoedion.

Teachers from KS2 loved seeing and chatting to pupils from their classes virtually over the communication platform Google Meet again this week. This is a safe way once a week for the children to keep in touch with their teacher and peers.

Cyswllt wythnosol

Mae llawer ohonoch yn gyrru gwaith yn ôl at yr athrawon a rydym yn ddiolchgar iawn am hyn. Mae'n hanfodol ein bod yn cael cyswllt wythnosol gyda phob plentyn. Cysylltwch gyda'r ysgol drwy yrru gwaith i fewn neu gyswllt trwy Dojo / galwad ffôn pob wythnos os gwelwch yn dda. Os nad ydym yn clywed gennych erbyn ddiwedd Dydd Mercher pob wythnos, byddwn yn eich ffonio ar Ddydd Iau neu Gwener.

Weekly contact

Many of you are returning completed work back to the Teachers and we are grateful for this. It is vital that we have contact with every child, every week. Please contact the school by returning work, liking a post or contacting through Dojo and / or phone call every week. If we do not hear from you by the end of the day every Wednesday, we will be contacting you by phone on the Thursday and Friday.



Safer Internet Day 2021 | Tuesday 9 February
Together for a better internet
www.saferinternetday.org



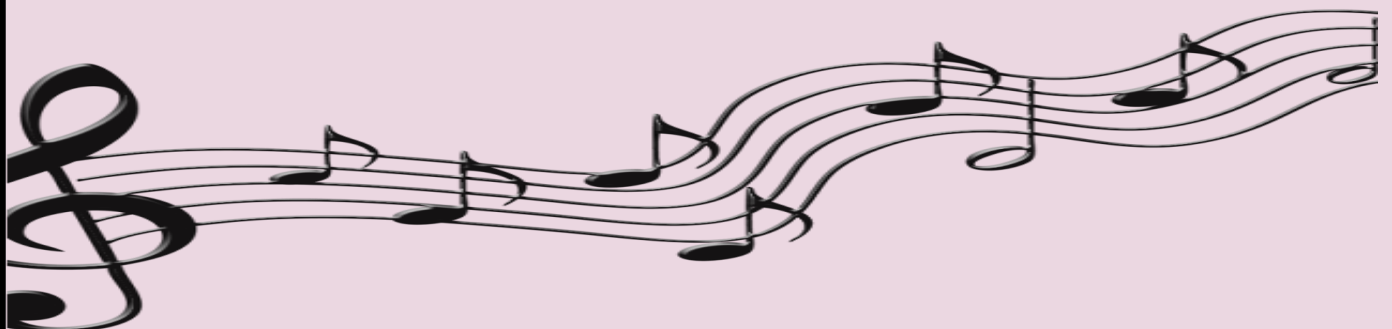
Bydd pawb trwy'r ysgol yn cymryd rhan mewn gweithgareddau sy'n codi ymwybyddiaeth o sut i gadw'n ddiogel ar y wê wythnos nesaf.

Everyone in Ysgol Dewi Sant will be participating in tasks based on raising awareness of how to keep safe on the internet next week.



Heddiw fel gwlad rydym yn dathlu Dydd Miwsig Cymru. Diwrnod arbennig sy'n dathlu ein artistiaid a chaneuon Cymreig. Diolch i Miss Parry, Blwyddyn 6 am goladu hoff ganeuon staff yr ysgol mewn i un rhestr er mwyn i'r dysgwyr eu mwynhau! Gobeithio wnewch chithau fel rhieni mwynhau ein dewisiadau o ganeuon hefyd! Mae pawb wedi derbyn y 'linc' dros Class Dojo! Mwynhewch!

Today as a country we celebrate *Dydd Miwsig Cymru*. A special day to celebrate Welsh artists and their songs! Thanks to Miss Parry, Year 6 for collating the staff's favourite songs so that our learners can enjoy them! We hope you as parents enjoy our choices of songs too! Everyone will have received the link over Class Dojo! Enjoy!



5 CYNGOR CALL I HELPU FY MHLENTYN ADRE' GYDA'R GYMRAEG



1. PEIDIWCH Â PHOENI!

MAE YNA DDIGON O GEFNOGAETH AR GAEL I CHI.

2. CADWCH MEWN CYSYLLTIAD Â'CH YSGOL

Ni allwn bwysleisio digon pa mor bwysig yw hyn. Eich ysgol chi a'r athrawon yw eich ffynhonnell orau am gyngor. Os oes gennych unrhyw gwestiynau neu bryderon, cysylltwch â nhw yn gyntaf. Dylent fod yn fan cyswllt cyntaf i chi bob amser.



3. ANOGWCH EICH PLENTYN I SIARAD AM EU TASGAU GYDA CHI



Mae cael eich plant i egluro eu gwaith yn eu cael i gyfieithu ac addasu eu hiaith. Mae hyn yn dyfnhau eu dealltwriaeth o'r hyn sy'n rhaid iddynt ei wneud ac yn cryfhau eu sgiliau iaith.

4. NID YW'R GYMRAEG AR GYFER YR YSGOL YN UNIG!

Na! Mae ar gyfer popeth mewn bywyd! Felly gwnewch y Gymraeg yn rhan o bethau rydych chi'n eu gwneud gartref fel canu a dawnsio i gerddoriaeth Gymraeg, gwyllo'r teledu, fideos, coginio, celf a chreffft, chwarae gemau...



5 TOP TIPS TO HELP MY CHILD AT HOME WITH WELSH



1. DON'T PANIC!

THERE'S PLENTY OF SUPPORT OUT THERE FOR YOU.

2. KEEP IN TOUCH WITH YOUR SCHOOL

We can't stress enough how important this is. Your school and the teachers are your best source of advice. If you have any questions or concerns get in touch with them first. They should always be your first port of call.



3. ENCOURAGE YOUR CHILD TO SPEAK ABOUT THEIR TASKS WITH YOU



Getting your children to explain their work gets them to translate and adapt their language. This deepens their understanding of what they have to do and strengthens their language skills.

4. WELSH ISN'T ONLY FOR SCHOOL

Welsh isn't just for school! It's for all things in life! So start making Welsh a part of things you do at home like singing and dancing to Welsh music, watching television, videos, cooking, art and crafts, playing games...



5. DOD O HYD I ADNODDAU YCHWANEGOL



Mae yna lawer o adnoddau ar gael i'ch plentyn eu defnyddio gartref yn ogystal â'r hyn y mae eich ysgol yn ei ddarparu. Mae yna ddigwyddiadau Cymraeg ar gyfer pob oedran a llawer o help gyda dysgu Cymraeg i oedolion hefyd!



There are many resources available for your child to use at home as well as what your school provides. There are Welsh events for all ages and lots of help with learning Welsh for adults too!

WWW.WELSH4PARENTS.CYMRU

e-bostiwch ni yn help@welsh4parents.cymru
am fwy o wybodaeth a chefnogaeth



WWW.WELSH4PARENTS.CYMRU

email us at help@welsh4parents.cymru
for more information and support



Diolch unwaith eto wythnos yma i'r plant am eu hymroddiad i ddysgu o bell (ac i chi fel rhieni / gwarchodwyr am eich cefnogaeth!). Rydym yn falch iawn o'r gwaith rydym yn derbyn gan y plant.

Thank-you to the children once again this week for their dedication to learning from afar (and to you as parents / guardians for your support!). We are very proud of the work we receive from the children.



Dilynwch ni ar Drydar

@YsgolDewiSant

Follow us on Twitter

1,880 o ddilynwyr

1,880 followers

Ydy'ch plentyn yn poeni neu'n holi am coronafeirws?

Mae'r llyfr AM DDIM hwn (sydd ar gael yn y Gymraeg a'r Saesneg) gyda darluniau gan ddarlunydd Gruffalo, Axel Scheffler, yn esbonio'r feirws a'r mesurau a gymerwyd i'w reoli. Mae'r llyfr ar gael trwy'r 'linc' isod:

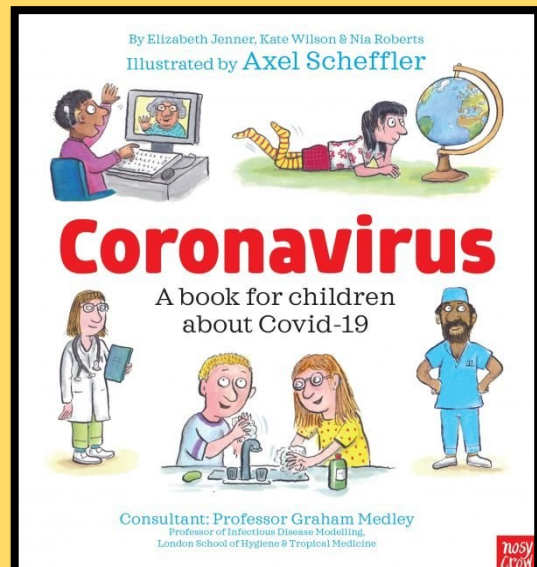
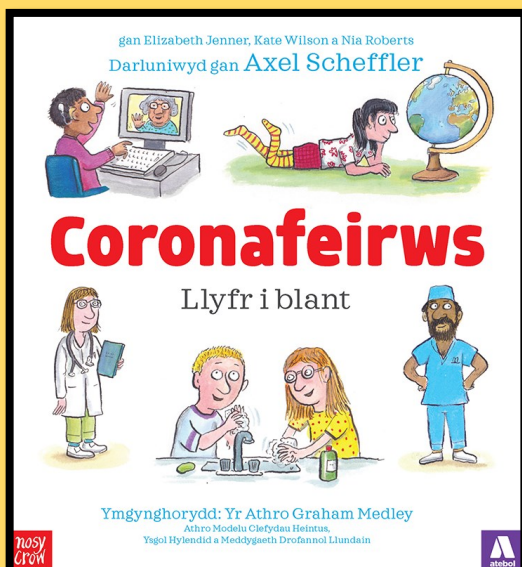
[Books | Atebol Siop \(atebol-siop.com\)](http://Books | Atebol Siop (atebol-siop.com))

Is your child worried or curious about coronavirus?

This FREE book (which is available in both Welsh and English) with illustrations by The Gruffalo illustrator Axel Scheffler explains the virus and the measures taken to control it.


The book is available via the link below:

[Books | Atebol Siop \(atebol-siop.com\)](http://Books | Atebol Siop (atebol-siop.com))



Rhai o weithgareddau'r wythnos

Helpa'r Wyddor



A

B banana

C car

Ch ustarell chwarae

D ddraig

Dd ddraig

E Elifant

F Ffan

Ff Ffrog

G grisiau

Ng Ngwely

H Hau

I ieuan

J Jay

L Lorri

Ll Llwy

M Mat

N nenwa

O oren

P plât

Ph ei Phêl

R ewber

Rh rhaw

S sasban

T Tân

Th ei Thy

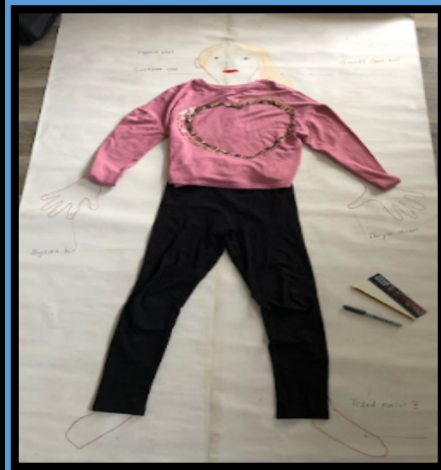
U ??

W wy

Y ystarell gwely

Un o weithgareddau dyddiol blwyddyn 2 oedd chwilio am eitemau sy'n cychwyn gyda llythrennau Y Wyddor. Da iawn i bawb wnaeth ddyfal-barhau a llwyddo i ddarganfod un ar gyfer pob llythyren!

One task Year 2 were asked to complete this week was to search for items that start with the letters of the Welsh alphabet. Well done to all the children who persevered and found an item to represent each letter!



Roedd Miss Griffiths a Mr Phillips, Blwyddyn 4 wedi gwirioni gyda'r ymdrech aeth i'r dasg labelu rhannau y corf wythnos yma. Diolch Blwyddyn 4!

Miss Griffiths and Mr Phillips in Year 4 were very pleased with the effort that went into the labelling parts of the body task this week. Well done Year 4!

Mae plant Derbyn wedi bod yn dysgu ffurfio ac ynganu 'd'. Reception class have been learning how to write and pronounce 'd' this week.

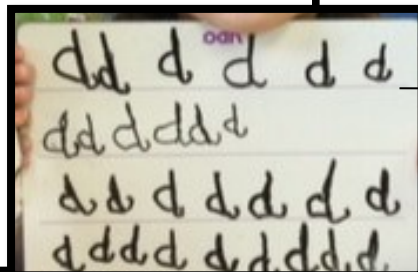
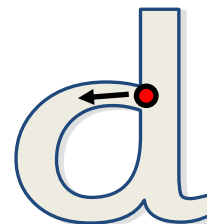
Cychwyn yn y canol, rownd, i fyny, fyny, fyny, i lawr i'r llawr a fflic.

Start in the middle, around, up, up, up, down to the bottom and flick.

draenog

hedgehog

d



A short snappy noise from the front of the mouth, the tongue is placed behind the front teeth.

8 WAYS TO HELP CHILDREN STRUGGLING DURING LOCKDOWN

1



Know how to spot the signs

If you notice your child is becoming withdrawn, that there's been a change in sleeping or eating habits, if they seem to lack confidence or get upset, it might be a sign they're struggling.



2

Talk to your child

If you spot signs your child might be struggling, it's important to talk to them. Keep talking and trying to communicate in any way you can – hugging, listening to them, texting them.



3

Create structure and routine

Try introducing a rota or loose timetable that includes fun things you're doing during the week. This can help to create a feeling of stability, which can alleviate anxiety.



4

Give children a sense of control through information

Look online with your children to find useful information and resources that help children feel they have control.



8 WAYS TO HELP CHILDREN STRUGGLING DURING LOCKDOWN

5

Keep children learning



Using fun and creative ways at home to learn alongside continued access to educational opportunities will support your children's development.



6

Limit screen time and mix up activities



As most socialising moves online, it's important to have conversations on how an increase in screen time can have an impact on everyone's mental health and self-esteem.



7

Help your child manage stress



If you spot signs your child might be struggling, it's important to talk to them. Keep talking and trying to communicate in any way you can - hugging, listening to them, texting them, etc.



8

Expressing feelings doesn't have to be face-to-face



Children might find it easier writing their thoughts down, so the whole family could do this and put them in a 'feelings box' and then talk about their good, sad or difficult feelings at the end of the day.

